

Dos & Don'ts During the Visit Answer Key

| Scenario | Talking Points (<i>General Answers from Students</i>) |
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| #1: What to say to the nurse/doctor when they ask why you are there | <ul style="list-style-type: none"> • Important to be specific about visit to every health care professional that asks • You are asked multiple times to make sure they get the correct diagnosis |
| #2: How to best remember medications and allergies | <ul style="list-style-type: none"> • May not want the world knowing what medications you take or what you are allergic to, but there is nothing wrong with having a list in your phone/wallet • Can be crucial information in an emergency |
| #3: What medications/supplements to tell the doctor about | <ul style="list-style-type: none"> • Should tell about everything - any supplements are just as important to share as OTC and prescription drugs because they can still affect your health |
| #4: Asking embarrassing questions | <ul style="list-style-type: none"> • Need to ask any questions • Stress doctors talk about embarrassing subjects all the time with patients so should always ask questions if confused/concerned no matter what the topic |
| #5: Sharing current habits and family history | <ul style="list-style-type: none"> • Share it all - current habits can have an impact on the likelihood of suffering from certain conditions in family history • Past can have a huge impact on a current diagnosis and treatment <ul style="list-style-type: none"> ◦ Family Health History & what treatments have/have not worked in the past |
| #6: Promised discharge papers, but didn't get them | <ul style="list-style-type: none"> • Ask the receptionist for missing information • Discharge papers contain important background and treatment information about your diagnosis |
| #7: OTC drug suggestion not available | <ul style="list-style-type: none"> • Can ask the pharmacist for another OTC drug that would be okay to use with the prescription • Must continue to be a self advocate even after you leave the office (<i>when you check out with the receptionist, going to the pharmacy, following treatment directions</i>) |