

Medication Label Reading Activity

(Participant Workbook Version, p.16)

1. What do you use this drug for? **Sneezing , runny nose, itchy, watery eyes, itchy throat**
» *Should you take this drug if you have a headache?* **No**

2. How much should you take? **2 tablets every 4-6 hours**

3. If after 2 hours you are not feeling better should you take more? Why or why not? **No, because it says every 4-6 hours**

4. You are babysitting a 7 year old and mom told you to give them this medicine, how much do you give them? **1 tablet every 4-6 hours**

5. You are babysitting a 2 year old, what should you do? **Call their parents**

6. What are the potential side effects? **Drowsiness, excitability may occur, especially in children**

7. What should you avoid while taking this? **Alcohol, sedatives, tranquilizers, be careful when driving a vehicle or operating machinery**

NOTE: Because you took this does it mean you can't drive? It depends. If this is the 1st time you are taking it you want to see how your body reacts to it. If you have taken it before and it doesn't make you drowsy it should be alright to drive.

8. What temperature should you store this at? **68-77°F (room temperature)**
» *Is storing this in your car a good idea?* **No**