

Navigating the Healthcare System: Activities At-A-Glance

NTHCS activities are offered in multiple formats so that presenters have options suitable for either in-person or virtual sessions. The table below summarizes activities and formats, with links. Content in the table is also repeated throughout the Facilitator's Guide.

MODULE 1					
Activity	Slide(s)	Workbook Page(s)	Materials in Zip File	Electronic Workbook Activities	Other Platforms
(optional) NTHCS Pre-Survey	Slide 3	n/a	NTHCS Pre-Survey NTHCS Pre-Post Answer Key	Activity 5.1.1 NTHCS Pre-Survey	n/a
ZocDoc Insurance Commercial - Video	Slide 2	n/a	n/a	n/a	Vimeo - Intro Video password: nthcs (all lower case)
Words Worth Knowing / Your Interpretation	Slides 4-5	n/a	n/a	n/a	ClassKick - Words Worth Knowing
Self-Advocacy - Video	Slide 7	n/a	n/a	n/a	YouTube - Exact Instructions Challenge
Self-Advocate Qualities	Slide 8	p3	n/a	Activity 1.1.1 Self Advocate Qualities	n/a
Where Do I Go?, Book Version	Slide 17	p6	<ul style="list-style-type: none"> ▪ Where Do I Go?, Book Version- Answer Key ▪ Using Kahoot! 	Activity 1.2.1 Where Do I Go? Book Version	Kahoot - Where Do I Go? Book Version
Where Do I Go?, Alternate Activity	Slide 18	n/a	<ul style="list-style-type: none"> ▪ Where Do I Go?, Alternate Activity- Scenario Cards, Wall Signs, and Answer Key ▪ Using Kahoot! 	Activity 1.2.2 Where Do I Go? Alternate Activity	Kahoot - Where Do I Go? Alternate Activity
Family Health History	Slide 19-20	p 6-9	Family Health History- Under 18 Family Health History- 18+	Activity 1.3.1 Family Health History- Under 18 Activity 1.3.2 Family Health History- 18+	n/a
MODULE 2					
Activity	Slide(s)	Workbook Page(s)	Materials in Zip File	Electronic Workbook Activities	Other Platforms
Responsible Medication Use	Slide 5	n/a	<ul style="list-style-type: none"> ▪ Responsible Medication Use- Instructions_Scenarios_Answers ▪ Responsible Medication Use- Game Cards 	Activity 2.1.1 Responsible Medication Use	Kahoot! - Responsible Medication Use

			<ul style="list-style-type: none"> Responsible Medication Use- Answer Key Using Kahoot! 		
Reading Drug Labels - Video	Slide 6	n/a	n/a	n/a	Vimeo – Clip from “Dr. House”- Inhaler Mistake password: nthcs (all lower case)
Reading OTC Drug Labels, Book Version	Slide 8	p16	<ul style="list-style-type: none"> Reading OTC Drug Labels, Book Version- Answer Key 	Activity 2.2.2 Reading OTC Drug Labels, Book Version	n/a
Reading OTC Drug Labels, Alternate Activity	Slide 8	n/a	<ul style="list-style-type: none"> Reading OTC Drug Labels, Alternate Activity- Sample Label Reading OTC Drug Labels, Alternate Activity- Questions Reading OTC Drug Labels, Alternate Activity- Answer Key 	Activity 2.2.1 Reading OTC Drug Labels, Alternate Activity	n/a
Vaccine Fact or Myth	Slides 10-16	p17	n/a	Activity 2.3.1 Vaccine Fact or Myth	n/a
MODULE 3					
Activity	Slide(s)	Workbook Page(s)	Materials in Zip File	Electronic Workbook Activities	Other Platforms
Health Insurance: Vocabulary Matching (part one)	Slide 3-4	n/a	<ul style="list-style-type: none"> Health Insurance Vocabulary Matching Worksheet (Complete items #1-6) Health Insurance Vocabulary Matching Worksheet- Answer Key 	Activity 3.1.1 Health Insurance Vocabulary Matching (Complete items #1-6)	n/a
Health Insurance Vocabulary Matching (part two)	Slide 10	n/a	<ul style="list-style-type: none"> Health Insurance Vocabulary Matching Worksheet (Complete items #7-12) Health Insurance Vocabulary Matching Worksheet- Answer Key 	Activity 3.1.1 Health Insurance Vocabulary Matching (Complete items #7-12)	n/a
What is Health Insurance - Video	Slide 11	n/a	n/a	n/a	Vimeo – What Is Health Insurance password: nthcs (all lower case)
Reading Insurance Cards, Book Version	Slide 13	p26	Reading Insurance Cards, Book Version- Answer Key	Activity 3.2.1 Reading Insurance Cards, Book Version	n/a

Reading Insurance Cards, Alternate Activity	Slide 13	n/a	<ul style="list-style-type: none"> Reading Insurance Cards, Alternate Activity Reading Insurance Cards, Alternate Activity- Answer Key 	Activity 3.2.2 Reading Insurance Cards, Alternate Activity	n/a
Understanding Confidentiality- Communication with Adults	Slide 14	n/a	n/a	n/a	Vimeo- Understanding Confidentiality- Communication with Adults password: nthcs (all lower case)
Self-Advocacy: How to Be Your Own Healthcare Advocate	Slide 14	n/a	n/a	n/a	YouTube- Teen Self-Advocacy: How to Be Your Own Healthcare Advocate

MODULE 4

Activity	Slide(s)	Workbook Page(s)	Materials in Zip File	Electronic Workbook Activities	Other Platforms
Scheduling an Appointment	Slides 4-5	p32-33	Using Kahoot!	Activity 4.1.1 Scheduling an Appointment	Kahoot! - Scheduling an Appointment
Be Your Own Advocate	Slides 14-18	p42	n/a	Activity 4.2.1 Be Your Own Advocate	n/a
(optional) NTHCS Post-Survey	Slide 19	n/a	NTHCS Post-Survey NTHCS Pre-Post Answer Key	Activity 5.1.2 NTHCS Post-Survey	n/a

OPTIONAL REVIEW ACTIVITIES

Activity	Slide(s)	Workbook Page(s)	<ul style="list-style-type: none"> Materials in Zip File 	Electronic Workbook Activities	Other Platforms
Did You Get the Jist?	all	all	<ul style="list-style-type: none"> Did You Get the Jist?- Instructions Did You Get the Jist?- Blank Worksheet 	n/a	n/a
Jeopardy!	all	all	<ul style="list-style-type: none"> Health Literacy Jeopardy! Jeopardy! Answer Key 	n/a	n/a
ZAP!	all	all	<ul style="list-style-type: none"> ZAP! Instructions ZAP! Game Cards ZAP! Answer Key 	n/a	n/a
Quiz	all	all	NTHCS Quiz- Answer Key	Activity 5.2.1 NTHCS Quiz	n/a